



SAYING GOODBYE Project
SUPPORTING CHILDREN AND YOUNG PEOPLE THROUGH BEREAVEMENT

Bereavement and other support organisations for contacting whilst the Saying Goodbye Project is currently closed to referrals.

Child Bereavement UK	https://www.childbereavementuk.org/ 0800 02 888 40 (Helpline weekdays 9am – 5pm)	For parents, carers, professionals and young people. CBUK work in collaboration with the London Grid for Learning and provide free resources and training for school staff https://www.childbereavementuk.org/online-learning-for-schools
Space2grieve	https://space2grieve.org.uk/ 0751 937 6363 support@space2grieve.org.uk	Charity providing bereavement support for children, young people and adults living in Richmond. There is no charge for this service.
Kooth	https://www.kooth.com/	On line mental health and well being support for young people Includes links to crisis services
Anna Freud (national centre for children and families)	https://www.annafreud.org/ 0207 794 2313 info@annafreud.org	Useful information for parents and carers Information and short training videos about traumatic bereavement specifically for schools and professionals
Rip Rap	http://www.riprap.org.uk/	Support for young people when a parent has cancer
Cruse Bereavement Support	https://www.cruse.org.uk/ 0808 808 1677 (Helpline 7 days a week, times vary)	National bereavement organisation, offering support via email and chat and online for adults and children and young people. Lots of useful information on the website about bereavement
Hope Again	https://www.hopeagain.org.uk/	The youth website of Cruse Bereavement Support

